August 2016

Dear Parent or Guardian,

We would like to welcome you and your student to the 2016-2017 school year! Aramark Education is excited to begin our partnership with the Beaver Area School District. We will be providing your child with nutritious and healthy menu choices, exciting and colorful cafeteria spaces, and nutritional education messaging to encourage healthy eating and a well-balanced lifestyle.

**Breakfast:** Breakfast is served at all schools. The breakfast menu features an assortment of whole grain cereal, muffins, breakfast bars, breakfast sandwiches, fresh fruit, 100% juice and low fat milk. Breakfast is served in the lunchroom prior to the start of school. Breakfast this year will be priced at $1.40 ($.30 for reduced).

**Lunch:** Lunch includes one entrée and a choice of up to three fresh fruit or vegetable sides and a milk. At all levels, a fresh fruit and vegetable bar featuring as many as 6 choices per day is an Aramark standard. We ask all parents to encourage their children to take the maximum amount of healthy side dishes each day. Lunch this year will be priced at $2.25 for Elementary school students and $2.50 for Middle and High school students ($.40 for reduced).

**Here’s the process:**
- The first step in this process is making sure that your student knows his or her PIN, which will follow your child throughout his or her time in the district. Every student has been issued an ID number; if you are unsure of your child’s ID number, please call the foodservice office at 724-774-0250 ext. 1852.
- Breakfast is served in the cafeteria prior to the start of school and students may proceed directly to the cafeteria in the morning before class to participate in the breakfast program.
- During breakfast & lunch each student will be required to pass through the cash register and enter his or her PIN, regardless of meal benefit status.
- PINs are used for meal tracking purposes and must be entered even if your child receives free meal benefits. For those students who receive reduced or full price lunches, when a student enters his or her PIN payment will be drawn down from their account or the cashier will prompt the student for payment at this time if there is no money available on account.
- Pre-payments on student meal accounts may be made at breakfast or lunch each day. Parents and guardians may choose to use myschoolaccount.com (described below), or alternatively may make payments with cash or check. We will be giving change for cash pre-payments this year.
- We will be offering some new a la carte menu items this year, including coffee and tea at the high school as well as Hershey’s Ice Cream Smart Snacks and Slush Puppie with 100% Fortified Juice. If you would prefer that your child not consume a particular menu item, please contact the foodservice office so we can notify our cashiers.

We will continue to make use of MySchoolAccount, for online pre-payment and lunch account monitoring. You can enroll and log on to this free service at www.myschoolaccount.com. We encourage all parents to take advantage of this exciting resource which will allow you to monitor your child’s lunch account, set up low balance reminders, and even make online pre-payments to your child’s lunch account. ACH and credit card fees apply, and will be charged to the parent.

Our goal is to meet the nutritional needs of your child while at the same time offering food choices that are interesting and appetizing. We are looking forward to the start of the school year and this opportunity to serve your child throughout this upcoming year. If you have any questions or concerns, please feel free to contact the foodservice office at 724-774-0250 ext. 1852.

Sincerely,

William Van Patter
Foodservice Director
Aramark @ Beaver Area School District
Families of Beaver Area School District, meet your school district’s new food service provider. We are Aramark!

Aramark K-12 Education
As your NEW district food service provider, we thought you might like to know a little bit about us. We serve nearly 370,000 meals a day to nearly 2 million children. You want the best for your students and so do we! With great care and expertise, we provide nutritious meals created by chefs and dietitians which meet or exceed the USDA guidelines. We take great pride in making sure our recipes are continually taste tested by students to ensure they’re healthy and taste good. This ensures students get the meals they need throughout the day to help them learn, grow, and succeed. At Aramark, we are proud to be an American company in the customer service business across food, facilities, and uniforms wherever people work, learn, recover, and play. United by a passion to serve, our more than 270,000 employees deliver experiences that enrich and nourish the lives of millions of people in 21 countries around the world every day.

For more information, visit us at: www.aramarkschools.com | FACEBOOK aramark | TWITTER @aramark

Our Menu Philosophy
Aramark is committed to providing safe, nutritious food, prepared fresh daily. We align with prominent global food companies to buy the highest-quality products available. Our menus are created from an extensive database of age-segmented recipes, developed by our culinary team (of dietitians, chefs, and purchasing specialists) and manufacturer partners. We collaborate with parents to accommodate the dietary requirements of students with special needs.

For your students, we offer a variety of meal choices with one goal in mind: to provide outstanding service and high-quality, “kid-friendly” meals that meet or exceed the latest federal and state Requirements.

Some Frequently Asked Questions
What is the National School Lunch Program?
The National School Lunch Program is a federally assisted meal program operating in more than 100,000 public and nonprofit private schools and residential child care institutions. It provides nutritionally balanced, low-cost or free lunches to more than 31 million children each school day.

We have some exciting news to share about a new initiative with the American Heart Association called Healthy for Life® 20 by 20. For more information, please visit our website at www.aramark.com/healthyforlife.
Students in grades 6-12 will enjoy a monthly special promotion
For a limited time only!

Monthly Promotions
Each month, grades 7-12, will be offered a limited time only menu promotion. We take this opportunity to introduce students to new and exciting flavor profiles, healthier alternatives to some of their favorite foods and include a monthly wellness lesson too! One example was our “Simple Pleasures” promotion will included a new variation of chicken salad with CrUnCh and a spicy Turkey BaBOOM! including pepper jack cheese and spicy mayo (low-fat). Included with the promotions are monthly nutrition and wellness lessons to enhance learning about healthy eating.

TELL YOUR STUDENTS to watch for the FUEL promotion signage at the cafeteria and don’t miss out!

Feedback
We want to hear from you! Please contact your district food service office with comments and feedback about your school’s new meal program.

William Van Patter
(724) 774-0250 ext. 5301
vanpatter-william@aramark.com
Aramark is committed to nourishing and enriching lives in Beaver, Pennsylvania.

Some Frequently Asked Questions Cont’d:
How do children qualify for free and reduced-price meals?
Any child at a participating school may purchase a meal through the National School Lunch Program. Children from families with incomes at or below 130 percent of the poverty level are eligible for free meals. Those with incomes between 130 percent and 185 percent of the poverty level are eligible for reduced-price meals, for which students can be charged no more than 40 cents for lunch and 30 cents for breakfast. If you think your child may qualify for free or reduced priced meals at any time during the school year, submit an application with the school lunch program. (see contact information below).

What should I do if my child has special dietary needs?
A written order from a doctor or authorized medical authority specifying dietary needs must be on file with each school’s nurse and with the Office of Dining Services. The written order must be updated on a yearly basis. The following information must be provided:
• Student name
• Medical condition
• Foods to be omitted
• Substitutions needed
Arrangements will be made by the Office of Dining Services in cooperation with the school nurse to accommodate the directive.

Beyond the Stereotypes—Facts About School Lunches
The reality of school nutrition programs is too often ignored in favor of a ratings boost based on stereotypes and biased information. School lunches today follow federal nutrition guidelines and serve more fresh fruits and vegetables, whole grains, and low-fat dairy than ever before. On a very tight budget, school nutrition professionals are preparing and serving balanced, nutritious meals in an age-appropriate portion size that provides needed nutrients and promotes a healthy childhood weight.
Lunch Charge Procedure - Summary

Grades K – 6

• Students can only charge a meal on their food service account until they reach a negative balance of $9.00.
• Once a student reaches a negative balance of $9.00 the student will be provided with and charged for an alternate meal. The meals that will be offered are:
  o Breakfast – Cold cereal choice with ½ pint of milk and a fruit
  o Lunch – One of the following entrees plus cup of canned fruit and milk choice
    ▪ Peanut butter & jelly sandwich
    ▪ Ham and cheese on a WG bun

Grades 7 – 12

• Students can only charge a meal on their food service account until they reach a negative balance of $10.00.
• Once a student reaches a negative balance of $10.00 the student will be provided with and charged for an alternate meal. The meals that will be offered are:
  o Breakfast – Cold cereal choice with ½ pint of milk and a fruit
  o Lunch – One of the following entrees plus cup of canned fruit and milk choice
    ▪ Peanut butter & jelly sandwich
    ▪ Ham and cheese on a WG bun
    ▪ Prepackaged chef salad
• Note: If students are at the cash register (the most common scenario) when they realize they have reached their limit, they would need to give back any other option they have chosen and replace it with the alternate meal.

All Students

• Students who have reached their negative balance limit will not be allowed to purchase (charge) items on their tray. Alternative meals will be offered to these students.
• At no time are a la carte items to be charged to an account reading a negative balance – this includes all prepackaged items, beverages, extra entrées or extra side selections.
• Students are notified daily by cashiers of their balance, whether it is positive, low, or negative.
• Parents/guardians receive weekly phone calls and/or emails via the School Messenger Service for any child with a negative balance or an email will be sent out by the food service department.
• Parents may restrict their child’s ability to charge or they can place a dollar limit on the account by contacting the food service department.
• School Principals are provided a list weekly of all students with negative food service balances.
  o Students who have knowledge of an overdue balance may not select extra food and those with a negative balance of $10.00 or greater must select an alternative meal when going through the line. They may not consistently waste food by attempting to bypass the register in conflict with this policy. Principals will discipline students for disregarding established cafeteria policy.
o These balances will be collected in the same manner as any other student obligation.

o When a student withdraws from the district, the food service balance will be paid in full before departure.